



Alberta Cup 5/6

EVENT PARTICIPANT WAIVER and ACKNOWLEDGEMENT OF RISK FORM

Part One - WAIVER and RELEASE (ADULT REGISTRANTS ONLY)

In consideration of Cross Country Canada, Cross Country Alberta, Rocky Mountain Nordic Sports Society, accepting entry into the above named activity, I hereby for myself, my heirs, executors, administrators and assigns, release and forever discharge the above named organizations, their executive directors, servants, agents, sponsors, supporters, employees, contractors or volunteers (all of whom are hereafter the Releasees) and to release the Releasees from any and all liability for any loss, damage, expense or injury including death that I may suffer or my next of kin may suffer as a result of my participation in the Event, due to any cause whatsoever, including **negligence, breach of contract, or breach of any statutory or other duty of care owed on the part of the Releasees and further including failure on the part of the Releasees to safeguard or protect me from the risks, dangers and hazards associated with the Event as set out below in Part Two.**

I hold harmless and indemnify the Releasees from any and all liability for any property damage or personal injury to any third party resulting from my participation in the Event.

I further waive and release any and all recourse which I may now have or may in the future have resulting from any decisions of the Releasees in association with the Event, including any claims I might have in connection with any cancellation or rescheduling of the Event for whatever reason.

I have read and understood this Waiver and Release prior to signing it. I am aware that I am an adult and that by signing this Waiver and Release I am waiving certain legal rights that I or my heirs or next of kin may have against the Releasees.

Adult Participant's Signature

Name: _____

Date: _____

Signature: _____



Alberta Cup 5/6

Part Two – ACKNOWLEDGMENTS (FOR ALL REGISTRANTS)

Risks and Dangers: I acknowledge that skiing and participating at the Event involves risks and dangers including, but not limited to: accidents that occur traveling to or from the Event; slips, trips, falls or collisions; encounters with other skiers, obstacles (man made or natural) or wildlife; steep and varied terrain, uneven snow conditions; falling snow or ice; adverse weather conditions, frostbite; hypothermia, exhaustion. I freely accept and fully assume all risks, dangers and hazards associated with my participation in the Event and the possibility of personal injury, death, property damage or loss resulting therefrom.

Health: I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the Event and that no physician or other medically qualified individual has advised me against participating in the Event. I further agree that it is my choice whether I will obtain a physical examination prior to participating in the Event. I hereby agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and am instructed not to participate in the Event, I hereby assume all risks associated with my participation.

Follow Rules: I hereby agree to abide by the Rules and Regulations imposed by **CCC**, the **Host Division** and the **Host Club** in association with the Event, and to follow the instructions of the officials during the Event.

Cancellation or Rescheduling: I acknowledge that the **CCC**, **Host Division** or **Host Club** may choose to cancel or reschedule the Event if travel or Event conditions are deemed unsafe (e.g., weather, road conditions, snow conditions, health advisory). I accept that these organizations will not be liable for any costs I may bear as a result of such cancellation or rescheduling, except as provided for in the Event information package.

Image Use: I authorize and consent to the publication in any format or media by **CCC**, the **Host Division** and the **Host Club** of any materials containing my name, likeness or image in association with my participation in the Event, and I release to **CCC**, the **Host Division** and the **Host Club** and all persons acting under authority from them, from any claims I might have due to the initial or subsequent publication of such material.

As the participant in the Event, I have read and understand the above Acknowledgments and accept the terms and conditions of participation and confirm that all information is true and accurate.

Adult Participant's Signature

Name: _____

Date: _____

Signature: _____

Minor Participant's Signature

Name: _____

Date: _____

Signature: _____

As the parent or guardian of a minor participant at the Event, I have read and understand the above Acknowledgements and accept the terms and conditions of participation on behalf of the minor and confirm all information is true and accurate.

Minor's Parent or Guardian Signature

Name of Parent/Guardian: _____

Date: _____

Parent/Guardian Signature: _____